



Service Above Self...Serving the
Lakewood Ranch Community and Beyond.

Rotary Club of Sarasota Lakewood Ranch AM
8047 Royal Birkdale Circle
Lakewood Ranch, Florida 34202

Our Meeting Schedule is:

7:30 AM Mondays at the Holiday Inn Lakewood Ranch, 6231 Lake Osprey Drive, Lakewood Ranch.
For membership information, Call Virginia Orenstein at work, 355-2703 or Home, 907-9670

**Need a Make-Up? Visit these Greater
Sarasota-Bradenton Area Clubs.
They're looking forward to meeting you.**

Monday
Bradenton, 12:15 p.m., Holiday Inn Riverfront.
Sarasota Sunset, 6 p.m. Cafe Baci, Sarasota.

TUESDAY
Sarasota Bay, 12:15 p.m. Sahib Shrine Temple, 600 N. Beneva Road, Sarasota.
Palmetto, 12:15 p.m., Bradenton Yacht Club, Snead Island.
South Venice, 7:15 a.m., Southwest Florida Retirement Center.
Arcadia, NOON, DeSoto Memorial Hospital.

WEDNESDAY
West Bradenton, 6:45 a.m., Broadway Cafe, Manatee Avenue West.
Sarasota Gulf Gate, NOON, Red Lobster, 6747 N. Tamiami Trail.

Sarasota, NOON, The Waterside Room at The Quay.

THURSDAY
Anna Maria, NOON, Beach House, Bradenton Beach.
Lakewood Ranch, 12:15 p.m. Lakewood Ranch Golf and Country Club.
Sarasota Keys, 12:15 p.m., Sarasota Yacht Club.
Sarasota AM, 7a.m., Denny's Restaurant, Bee Ridge Road.
South Manatee, 12:15 p.m., El Conquistador Country Club, Bradenton.
Venice-Nokomis, NOON, Grace United Methodist Church, Venice.

FRIDAY
Longboat Key, 12:15 p.m., Longboat Hilton.
Sarasota Sunrise, 7:15 a.m., Der Dutchman Restaurant, Bahia Vista, Sarasota.



District 6960



The 4 Way Test

- ◆ Is it the TRUTH?
- ◆ Is it FAIR to all concerned?
- ◆ Will it build GOODWILL and BETTER FRIENDSHIPS?
- ◆ Will it be BENEFICIAL to all concerned?"

*L e n d
a
H a n d*

The motto of Rotary International 2003-2004 President Jonathan B. Majiyagbe.

Ranch Rotary Reader

This newsletter is published by the Rotary Club of Sarasota Lakewood Ranch AM. It will be available on-line soon. Co-editors are Debbie Smith and Jeff Orenstein. If you would like to submit photos or news to the newsletter, please email them to either of the editors: orenstein@legendbuilders.com or debbies@twotrails.net

www.lakewoodranchrotary.com

Rotary Club of Sarasota Lakewood Ranch AM

"Mark Hughes Business Success Story"

Mark Hughes of Lakewood Ranch AM Rotary

It takes more than luck to be a smart businessman and Mark Hughes is living proof that setting goals and reaching them can bring success.

Moving to Sarasota Mark analyzed the market and determined the best industry to be in was real estate. He received his license and told his wife that within one year he would be the top selling real estate person in Lakewood Ranch. This year true to his word Mark Hughes was name the Top Realtor for 2003 in Lakewood Ranch. Not only did he succeed he did his nearest competitor by more than four times.

"Put a Dart in the Dart Board and ended up in Sarasota"

Mr. Hughes grew up in Wilmington, Delaware a child of teachers. His father was the Dean and his mother was the Speech Pathologist. Mark was the last of 5 children. He was popular in school being the captain of the football team and dating the captain of the cheerleaders gave him a solid understanding of what it meant to be a leader and how to lead.

Mark attributes his good fortune to being about to think quick on his feet and his great computer skills. He has set his goals high for the upcoming years and wants to take over Lakewood Ranch in terms of real estates sales.

He went on to become VP of a large mortgage investment company. But, his wife had her real estate license and he was usually helping her with her customers. They were doing well where they were but felt it was time for a change. So, they put a dart in the dart board and it came up Sarasota!

Mark enjoys reading Steven Covey and highly recommends reading, "As I Think" by James Allen. A small but very powerful book filled with ideas you can take forth into your everyday life.

Meeting Agenda for January 26th

- Invocation
- Pledge of Allegiance
- Four-Way Test
- Queen of Hearts tickets available from Andrew Reynolds
- Introduction of Vistors: Mike Searcy, Sergeant at Arms
- Happy \$\$\$\$\$, Fines: Mike Searcy
- Rotary Projects: Jeff Orenstein, President
- Queen of Hearts Drawing: Andrew Reynolds
- Adjournment

ABOUT US

We are a young, diverse club with an average age in the late thirties, more women than men, and members who have come from all over the United States (including Florida, of course), Scotland, England, South Africa and Kenya.

Our goals are lifelong learning and, in support of that, we have "adopted" the new Gilbert McNeal Elementary School and are supporting the building of a community library and grassroots participation center at Lakewood Ranch, among other projects.

We are currently 27 strong and are looking for a few good people of all ages who would like to join us as we share some fantastic fellowship, develop leadership skills and make a positive impact on our growing community.

If you would like to join us for a meeting, please call our membership chairperson, Ginny Orenstein and she will be pleased to arrange a place for you at our bountiful breakfast table

Rotary Celebrates Centennial Feb. 23!!!!!! Stories from fellow Rotarians

Tale of a Polio Survivor Alakananda Mohanty, Delhi, India

It was the end of the summer of 1960 and my family and I had just returned from a rather tedious vacation from my ancestral village. I was getting ready to start school and I was extremely excited about wearing new clothes and meeting new friends. I was out in front of my home when I first experienced what seemed like flu symptoms. What bad timing — school starting and I was getting sick.

The next couple of days were a blur — our doctor visiting me at the house, family and medical personnel whispering in hushed tones. It was extremely difficult to sit up and I couldn't turn or bend my neck without a great deal of pain. Unimaginable pain began to take over my back. Polio never entered my mind.

As a precaution, my mother informed me, I was to have a spinal tap. And there it was — not even a margin-lined diagnosis. Polio. I must tell you, this was not a sympathetic disease in any sense of the word. The next few days were a nightmare and I don't mind telling you that when somebody from Rotary asked me to participate here with my story, it brought back a flood of memories that I had suppressed. Once the word was out, our neighborhood went into immediate panic. Pools were drained. My family was shunned. Quarantine signs went up around my house and my brother was not allowed to go to school.

When I arrived at the city's largest hospital with hundreds of others, I was strapped to a gurney and lined up in the queue, as there were no beds available. My parents were literally dragged away to avoid any contact with me.

As I recall, when I was lifted into a bed, it was by medical staff clothed in long smocks, masks and gloves — again no contact.

If you asked me what was my worst experience while battling this disease, I would have to say the pain — constant, intensified, and horrific physical pain. There was a nurse who had worked with polio patients and developed a treatment procedure that involved massage, exercises, and wrapping affected limbs to reduce muscle spasms and the resultant pain. When I tell you I counted the hours in between these treatments, it is not an exaggeration — my entire torso was wrapped. As a result of these treatments, I was left with blisters, but the submission of pain temporarily was worth it.

After the first few days, I had visitors. First to see me were my parents. You could tell by their eyes they were horrified to see what I looked like. So went my days — sobbing parents and the constant pain.

My best recollection is that perhaps two weeks after I entered the hospital, the pain subsided, and I was to be released to go home. My disabilities not yet compiled, nonetheless, I was deemed not contagious and, with many stipulations, set free. Keep in mind, I had not had the opportunity to try and walk during my stay and the doctors told my parents that I might never walk again without crutches. How I must have looked as I was curled up in a wheelchair while being pushed to my parents. As I approached my parents, I asked the nurse to stop. I stood up and took a few steps into the arms of my father.

My follow up visits were at the hospital for physical therapy and regular visits to the orthopedic department. My residual disabilities were limited to the left side of my body. One leg was shorter and my spine had a curvature. I also had a muscle weakness in my lower back, which has stayed with me.

The road back is never easy, but with the love and support of family and friends, the stigma of polio affliction was soon forgotten. I now approach the over 40 time of my life, and some of the old aches and pain occur once again.

The bottom line is that polio survivors are just that — survivors. We did what we had to do then and we have to make the best of what comes along now. We live with polio everyday of our lives, be it a bad memory, a nagging pain or a fear of a limb that may decide to give up. But we go on. Being a part of the Rotary PolioPlus program seems right to me. If my involvement can spare just one child from the agonies of this dreadful disease, then it will be worth recounting the past.



2003-2004 Officers and Committee leaders

President: Jeff Orenstein

President-Elect: Paul Adamson

Executive Vice Pres: Frank Willett

Secretary: Marcia Dorfman

Treasurer: Albert Myara

Membership: Virginia Orenstein

Sergeant-at-Arms: Mike Searcy

Rotary Foundation (TRF) and International

Service: Pat Schmoranz

Fund-Raising: Paul Adamson

Red Badge Program: Catherine Brown

Club Service: Peg McKay, Mark Hughes

Meeting Programs and Speakers: Julie Parker

Vocational Service: Janice Novello

Membership Roster: Our Distinguished Rotarians

- Paul Adamson*, bank manager, 961-1160, paul.adamson@southtrust.com
- Bob Beck*, employee leasing, 907-0200, bbeck@sarasotajobs.com
- Catherine Brown, hotel management, 355-7972, fairfieldlkwd@msn.com
- John Clarke (Honorary), development, 907-6000, john.clarke@smrranch.com
- Marcia Dorfman*, insurance, 812-8493, marciadorfman@cs.com
- Dick Fields, health care, (727) 577-3122, dfields9@tampabayrr.com
- David Grace*, Web consultant, 751-3215, david@abacusws.com
- Mark Hughes, real estate, 232-1400, markhughes@remax.net
- Terry Kirrane, wine shop proprietor, 907-0017, tjkiranne@aol.com
- Kristin Kulju, chiropractor, 727-3660, kulju@hotmail.com
- Peg McKay, hotel sales, 782-4404, peg.mckay@hilr.com
- Albert Myara*, real estate, 907-2000, albert.myara@lakewoodranchrealty.com
- Dick Nelson, pastor, 544-6986, pastorrnelson@hotmail.com
- Michael Nelson, financial adviser, 365-8500, goodtato@aol.com
- Janice Novello*, education, 907-3844, jnovello@pcsonline.com
- Jeff Orenstein*, public relations, 907-9670, orenstein@legendbuilders.com
- Ginny Orenstein*, corporate finance, 355-2703, vorenstein@wfd1.com
- Julie Parker*, family law, 341-9774, japarker@parker-lawfirm.com
- Andrew Reynolds*, floor and window coverings, 776-0590, areynolds@floorsandwindows.com
- Patricia Schmoranz* PDG, 776-8784, deandixon@aol.com
- Michael Searcy*, promotional products, 379-9790, mike@islandspecialties.com
- Debbie Smith, home maintenance/graphic design, 377-8006, twotrails@twotrails.net
- Valerie Stafford-Mallis, nonprofit, 758-7640, staffov@yahoo.com
- Lisa Stubeck, CPA, 365-4617, lstubeck@kbgrp.com
- Anthony Swart*, financial adviser, 364-7278, anthony.swart@ubspw.com
- Christi Womack Villalobos*, newspaper editor, 373-6519, christi.womack@heraldtribune.com
- Daisy Vulovich*, education, 363-7200, vulovid@mccfl.edu
- Heather Weber, financial adviser, 364-3551, heather.p.weber@smithbarney.com
- Scott Weber, franchise law, 813-229-2111, scott.weber@piperrudnick.com
- Roland Weeks*, newspaper advertising, 745-7099, rweeks@tampabay.rr.com

*Charter member
PDG (Past District Governor)



Help Add to our Roster: recruit new Rotarians

Help Membership Officer Virginia Orenstein recruit people who might be interested in joining the Rotary Club of Sarasota Lakewood Ranch A.M. President Jeff Orenstein's goal is to have 40 members by July 1. Talk to Virginia about the procedures for inviting guests to attend a meeting.

EVENTS

Rotarian Minute

The 4-Way Test was formulated by Chicago Rotarian Herbert J. Taylor

NEWSFLASH!

Patriots WIN SUPER



BOWL!!!!!!!!!!

Rotary Invocation:

May those assembled here today enjoy the many offerings of Rotary. May we abide by the rules we have established, those of trust, fellowship and ethics, and may we place service above self in our daily endeavors.